

The Resource Page

(Evidence-based Scientific Research)

- ***The Active Constituents of Herbs and Their Plant Chemistry Extraction and Identification Methods.***
 - Journal of Chemical and Pharmaceutical Research
 - <https://www.researchgate.net/publication/315516091>
- ***Essential Oils and Their Natural Active Compounds Presenting Antifungal Properties***
 - (PMC) US National Library of Medicine National Institutes of Health
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6832927/>
- ***Essential Oils Anti-microbial, Anthelmintic, antiviral, anticancer, and anti-insect properties.***
 - R.K. Upadhyay, D D U, Department of Zoology, Gorakhpur University, India
 - <https://www.researchgate.net/publication/236680339>
- ***Antibacterial, antifungal, and antiviral effects of three essential oil blends.***
 - (PMC) US National Library of Medicine National Institutes of Health
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5552930>
- ***Anti-viral effects of plant-derived essential oils and pure oil components.***
 - ResearchGate.net Publication
 - <https://www.researchgate.net/publication/286465608>
- ***Analgesic Potential of Essential Oils***
 - (NIH) National Library of Medicine, Nat'l Center for Biotechnology of Information
 - <https://pubmed.ncbi.nlm.nih.gov/26703556/>
- ***Essential Oils' Chemical Characterization and Investigation of Some Biological Activities: A Critical Review***
 - (PMC) US National Library of Medicine National Institutes of Health
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5456241>
- ***Essential Oils Might Be the New Antibiotics***
 - The Atlantic
 - <https://www.theatlantic.com/health/archive/2015/01/the-new-antibiotics-might-be-essential-oils/384247/>
- ***Essential Oils for Bone Repair and Regeneration - Mechanisms and Applications***
 - (PMC) US National Library of Medicine National Institutes of Health
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8069393/>
- ***Essential Oils: Pharmaceutical Applications and Encapsulation Strategies into Lipid-Based Delivery Systems***
 - (PMC) US National Library of Medicine National Institutes of Health
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8001530/>
- ***Antifungal Properties of Essential Oils and Their Compounds for Application in Skin Fungal Infections: Conventional and Nonconventional Approaches***
 - (PMC) US National Library of Medicine National Institutes of Health
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7922942/>
- ***Essential Oils & The Blood-Brain Barrier***
 - Dr. David Stewart, PhD., R.A.
 - <http://www.rdelia.com/files/114933>



- **Neuroprotective and Anti-Aging Potentials of Essential Oils from Aromatic and Medicinal Plants**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5447774>
- **Antimicrobial Properties of Plant Essential Oils against Human Pathogens and Their Mode of Action: An Updated Review**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5206475/>
- **The Healing Intelligence of Essential Oils**
- HerbalGram
<https://www.herbalgram.org/resources/herbalgram/issues/92/table-of-contents/bkrvw-essentialoils/>
- **Essential Oils' Chemical Characterization and Investigation of Some Biological Activities: A Critical Review**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5456241/>
- **Essential Oils: Anti-microbial, Antihelminthic, Antiviral, Anticancer, and Anti-insect Properties**
- ResearchGate
<https://www.researchgate.net/publication/236680339>
- **Effects of Essential Oils on Central Nervous System: Focus on Mental Health**
- ResearchGate
<https://www.researchgate.net/publication/343971466>
- **Essential Oils as Effective Agents Against Neurological Disorders**
- ResearchGate
<https://www.researchgate.net/publication/341290783>
- **Effects of Lavender on Anxiety: A Systematic Review and Meta-Analysis**
- ResearchGate
<https://www.researchgate.net/publication/336065685>
- **Pharmaceutical and Therapeutic Potentials of Essential Oils and Their Individual Volatile Constituents: A Review**
- ResearchGate
<https://onlinelibrary.wiley.com/doi/abs/10.1002/ptr.2072>
- **Antimicrobial Activity of Some Essential Oils – Present Status and Future Perspectives**
- MDPI
<https://www.mdpi.com/2305-6320/4/3/58/htm>
- **Effect of Essential Oils on Pathogenic Bacteria**
- MDPI
<https://www.mdpi.com/1424-8247/6/12/1451/htm>
- **Efficacy of Specific Plant Products on Microorganisms Causing Dental Caries**
- PubMed.gov - National Library of Medicine/National Center for Biotechnology Information
<https://pubmed.ncbi.nlm.nih.gov/28209019/>



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- PubMed.gov - National Library of Medicine/National Center for Biotechnology Information
<https://pubmed.ncbi.nlm.nih.gov/28209019/>
- **Molecules Present in Plant Essential Oils for Prevention and Treatment of Colorectal Cancer (CRC)**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7914775/>
- **Essential Oils and Bioactive Components against Arthritis: A Novel Perspective on Their Therapeutic Potential**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7598204/>
- **Essential Oils and Their Main Chemical Components: The Past 20 Years of Preclinical Studies in Melanoma**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7565555/>
- **Striking Essential Oil: Tapping Into a Largely Unexplored Source for Drug Discovery**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7028914/>
- **Antispasmodic Effect of Essential Oils and Their Constituents: A Review**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6539827/>
- **Chemical Composition, Anthelmintic, Antibacterial and Antioxidant Effects of Thymus Bovei Essential Oil**
- (PMC) US National Library of Medicine National Institutes of Health
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5080681/>
- **Essential Oils and Bioactive Components against Arthritis: A Novel Perspective on Their Therapeutic Potential**
- (NIH) National Library of Medicine, Nat'l Center for Biotechnology of Information
<https://pubmed.ncbi.nlm.nih.gov/32977657/>
- **Antitumor Phenylpropanoids Found in Essential Oils**
- (NIH) National Library of Medicine, Nat'l Center for Biotechnology of Information
<https://pubmed.ncbi.nlm.nih.gov/25949996/>
- **Anticancer Properties of Essential Oils: An Overview**
- (NIH) National Library of Medicine, Nat'l Center for Biotechnology of Information
<https://pubmed.ncbi.nlm.nih.gov/29295695/>

